Fefol Breastfeeding®

ففول، مکمل زندگی

خانواده ففول، مکمل خانواده شماست



Fefol® Family

Innovation in Health, Commitment to Quality



Fefol Breastfeeding®

Product Introduction

Fefol Breastfeeding
is a comprehensive and scientifically formulated supplement designed to support breastfeeding mothers and meet their nutritional needs. With its unique formulation, this product helps increase milk production, maintain the mother's energy levels, and promote the healthy growth and development of the infant.

Key Features of the Product:

- Suitable for mothers during breastfeeding
- Helps increase milk production due to the presence of specific active ingredients
- Does not negatively affect the baby and is suitable for mothers with digestive issues
- Provides essential vitamins and minerals for mothers during breastfeeding
- Aids in reducing postpartum depression symptoms
- Strengthens maternal bone health during breastfeeding
- Improves skin and hair health during breastfeeding
- Provides necessary energy for daily activities and reduces fatigue
- Helps with the growth and development of the infant
- No nausea issues from iron supplements

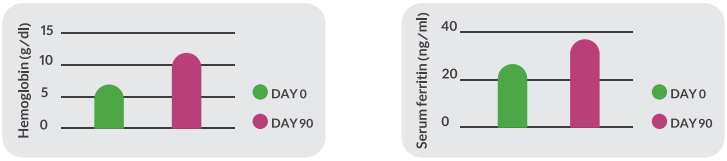
Competitive Advantages:

- Specifically formulated for breastfeeding mothers, meeting their nutritional needs and offering additional health benefits.
- Slow release
- Enteric coated
- The combination of Quatrefolic and folic acid in this product makes it an ideal choice for breastfeeding mothers. The simultaneous consumption of this combination enhances absorption and effectiveness.
- No significant side effects
- A multi–faceted formulation (positively affects both the mother and the baby)
- Supports overall health of both breastfeeding mothers and their infants
- Contains synergistic ingredients for better absorption of vitamins and other nutrients
- Granular formulation
- Does not interfere with food or stomach acid

Ingredients and Special Properties:

1. Iron in the form of Ferrous Bisglycinate

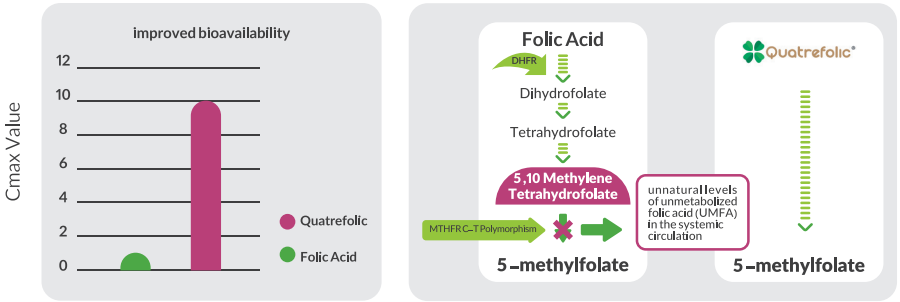
- Higher absorption compared to other forms of iron
- Highly effective in increasing hemoglobin and ferritin levels
- Gentle and well–tolerated by the digestive system
- No gastrointestinal side effects
- Faster and more effective absorption of iron in the body
- Minimal interference with other foods



Evaluation of Hemoglobin and Ferritin Levels in Serum Three Months After Consuming Iron in Ferrous Bisglycinate Form

2. Quatrefolic

- Easily absorbed by the body without needing to be converted into the active form
- Effective for individuals with MTHFR gene mutations or issues in folic acid absorption
- Higher absorption and efficacy than folic acid
- Plays a crucial role in the development of the fetal nervous system



3. Chromium Picolinate

- Enhancing milk production in breastfeeding mothers
- Aiding in better absorption of nutrients
- Suitable for breastfeeding mothers due to its ability to meet their nutritional needs
- Helps manage blood sugar levels
- Increases metabolic performance
- In Fefol Breastfeeding, chromium is combined with other nutrients such as vitamin D, vitamin B6, iron, and magnesium, creating synergistic effects for better absorption and higher efficacy in the body.

4. Calcium Carbonate

- Fast and effective calcium absorption
- Supports healthy fetal growth and increases milk production
- Strengthens bone and dental health in the mother
- Prevents osteoporosis during breastfeeding
- Prevents muscle cramps during breastfeeding

5. Selenium

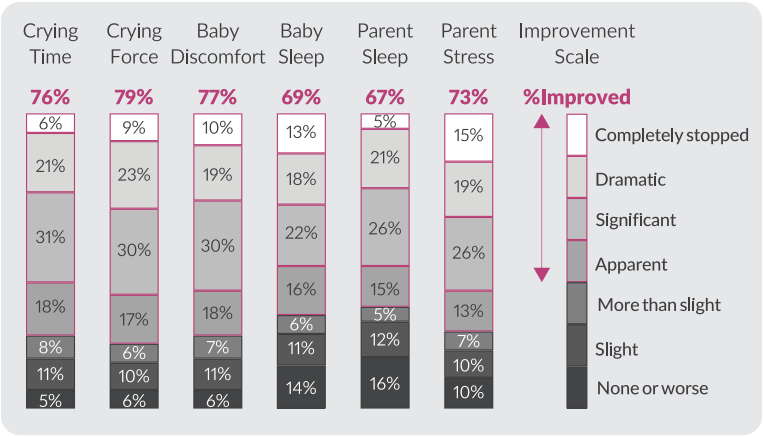
- Helps increase the body's resistance to infections and diseases
- Reduces oxidative stress
- Supports the natural growth of the fetus and strengthens the infant's immune system
- Reduces the risk of selenium deficiency–related complications during breastfeeding

6. Iodine

- Supports the growth and development of the infant's nervous system and brain
- Prevents thyroid problems in the mother
- Helps improve the quality and quantity of breast milk

7. Synergistic Effects of Fennel (Foeniculum vulgare) and Milk Thistle (Cnicus benedictus) in the Formulation:

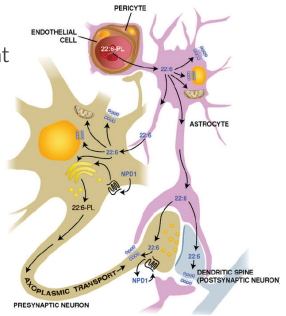
- Increases milk volume and improves fat content
- Relieves digestive problems such as gas, bloating, and colic in the infant
- Helps improve infant sleep
- Promotes weight gain in infants
- Helps reduce stress in breastfeeding mothers



The Effects of Fennel and Milk Thistle on Improving Infantile Colic Symptoms and Increasing Milk Quality

8. DHA (Docosahexaenoic Acid)

- Enhances visual performance in the early stages of development
- Supports the infant's neurological growth
- Improves cognitive function in the child
- Enhances mood and helps reduce stress and anxiety in breastfeeding mothers
- Reduces postpartum depression symptoms



Beneficial Effects of DHA on the Brain

Indications for Use:

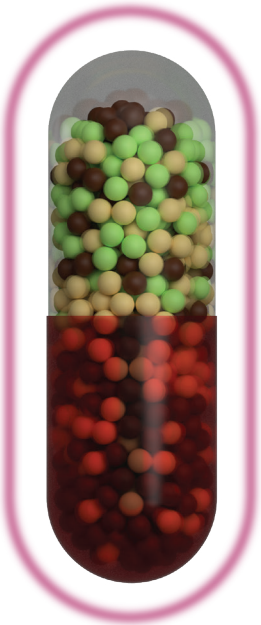
A safe and effective option for the breastfeeding period.

Supplement Facts

Serving Size: 1 capsule
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (palmitate)	5000 IU	63%
Vitamin C (ascorbic acid)	110 mg	183%
Vitamin D3 (cholecalciferol)	400 IU	100%
Vitamin E (dl-alpha tocopheryl acetate)	11.7 IU	32%
Vitamin K2 (MK-4)	20 mcg	25%
Thiamin (thiamine mononitrate)	2 mg	117%
Riboflavin (Vitamin B)	1.7 mg	85%
Niacin (Niacinamide)	15 mg	75%
Vitamin B6 (pyridoxine HCl)	2.2 mg	88%
Folate (5-methyltetrahydrofolic acid, Quatrefolic®)	400 mcg	100%
Folic acid	400 mcg	100%
Vitamin B12 (cyanocobalamin)	4 mcg	50%
Biotin	100 mcg	33%
Pantothenic Acid (d-calcium pantothenate)	8 mg	80%
Iodine (Potassium Iodine)	150 mcg	100%
Calcium (calcium carbonate)	75 mg	6%
Iron (ferrous bisglycinate)	9 mg	50%
Magnesium (magnesium oxide)	20 mg	4%
Zinc (zinc oxide)	7.5 mg	50%
Selenium (selenite)	35 mcg	50%
Chromium (chromium picolinate)	100 mcg	83%
DHA (Docosahexaenoic acid) (Epax 1050 TG)	200 mg	*
Fennel Seed Powder (Foeniculum Vulgare)	10 mg	*
Milk Thistle Extract (Cnicus Benedictus)	10 mg	*

* Daily Value (DV) not established



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References

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Fefol MAX® 100
30 Capsules
Polysaccharide - Iron Complex
Supplement
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۳۰ عدد کپسول
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30 Capsules
Supplement
فقول بریست فیدینگ®
۳۰ عدد کپسول
INTRAPHARM
Fefol Plus®
30 Capsules
INTRAPHARM
Fefol Pregnancy®
30 Capsules
Supplement
فقول پرگننسی®
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INTRAPHARM
Fefol GYNE®
30 Capsules
INTRAPHARM
Fefol DUODENAL®
30 Capsules
INTRAPHARM
Fefol Vitamins®
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